



# RB BF WG BAR COCOA CHIP 2.5OZ/48CT



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Product Last Saved Date: 17 February 2016

## Nutrition Facts

Serving Size: 2.5 OZ

Number of Servings per Package: 48

### Amount Per Serving

Calories: 270      Calories from Fat: 70

### % Daily Value\*

<b>Total Fat</b>	8 g	12%
Saturated Fat	2.5 g	13%
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	230 mg	9%
<b>Total Carbohydrate</b>	48 g	16%
Dietary Fiber	5 g	21%
Sugars	21 g	
<b>Protein</b>	5 g	

<b>Vitamin A</b>	Per Srv	0%	<b>Vitamin C</b>	Per Srv	0%
<b>Calcium</b>	2%		<b>Iron</b>	15%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protein	4
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## Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
40406	748152	10073321404069	48 X 2.5 OZ	

Brand	Brand Owner	GPC Description
Readi-Bake Benefit®	J&J SNACK FOODS CORP.	Dough Based Products – Not Ready to Eat – Savoury (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9 LB	7.5 LB	USA	Yes	No

## Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.9 IN	7.3 IN	9 IN	0.4905 CF	20x7	540 Days	-10 FA / 0 FA

## Ingredients :

Whole wheat and enriched flour blend (whole wheat flour, wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), oat flour, sugar, invert syrup, chocolate chips (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin [an emulsifier], natural vanilla extract), cocoa (processed with alkali), canola oil, interesterified soybean oil, natural flavors, whey, inulin, unsweetened chocolate, baking soda, xanthan gum, salt, egg

## Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - C	Milk - C	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	Nuts - N

## Handling Suggestions :

Keep Frozen (0° F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

## Benefits :

Made With 51% Whole Grains • 0g Trans Fat • No Artificial Colors or Flavors • No Hydrogenated Oil or HFCS • Contains 3 Grams of Fiber • Less than 30% Calories from Fat • Less than 10% Calories from Sat Fat • Less than 35% Sugar by Weight

## Serving Suggestions :

Thaw and serve.

## Prep & Cooking Suggestions :

Thaw and serve.

## More Information :

**BeneFIT Bars Cocoa Chip 2.5 oz**

Manufacturer's  
Product Code  
40406

**Nutrition Facts**

Serving Size: 1 bar (71 G)  
Serving Per Container: 1

<b>Calories</b>	270		
<b>Calories from Fat</b>	70		
	<b>Per Serving</b>	<b>% Daily Value*</b>	
<b>Total Fat</b>	8g	12%	
Saturated Fat	2.5g	13%	
Trans Fat	0g		
<b>Cholesterol</b>	0mg	0%	
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<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	2%	<b>Iron</b>	15%

**Ingredients:**

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**Allergen Information:**

Contains: Eggs, Milk, Soy Beans, Wheat

**Kosher Type:**

OU - DAIRY

**Child Nutrition Statement:**

The listed serving size contains 32.98g creditable grains of which 22.94g are whole grains. This provides 2 servings of breads/grains under the Child Nutrition Program using the 16g calculator.

**Storage/ Handling:**

Keep Frozen (0° F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

**Preparation Instruction:**

1. Thaw and serve. 2. Place wrapped frozen product into a heated holding cabinet at approximately 150-160 degrees F. Frozen product will need 1 hour to become fully heated in the heating unit. Product will stay fresh 3 hours in the unit.

**Product Specifications:**

UPC	SCC/GTIN	Case	Pack
073321404062	10073321404069	1	48

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
12.67	7.32	9.14	0.4906	7.5	9

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
20	7	140

I certify that the nutritional information contained on this page is true and correct to the best of my knowledge.

Kathleen Wong  
Research and Development Director

