

Whole Grain Waffles 4", 1.4 oz.



A standard size 4" square whole grain waffle griddled to a crisp and delicious warm golden brown. Conveniently packaged in a bulk case for easy access.

Product Last Saved Date:31 July 2018

Nutrition	Facts
72 Servings per	container
Serving Size	2 Waffles (79g)
Amount Per Serving Calories	210
	% Daily Value*
Total Fat 7 g	9%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 350 mg	15%
Total Carbohydrate	33 g 12%
Dietary Fiber 5 g	18%
Total Sugars 7 g	
Includes g	Added Sugars %
Protein 4 g	
Vitamin D 0 mg	0%
Calcium mg	4%
Iron mg	8%
Potassium 220 mg	4%
	how much a nutrient in a serving of 00 calories a day is used for general

Product Specifications:

Man Pro Code	d		Dist Prod Code		GTIN			Pack		Pack Description		
861514032	1	739247		106	861514032	10	12 X	12 X 1 X 1.39 ONZ				
Brand Brand Owner GPC Descrip					cription							
k	Krusteaz			BAKERY CHEF INC.				Cakes – Sweet (Frozen)				
Gross W	/eight	Net Weight Country of Origin Kosher Child Nut				utrition						
13.7 LE	13.7 LBR		12.54 LBR		USA		λ.	Yes No)	
Shipping Information												
Length	Wid	th H	leight	: v	olume	TIx	HI	Shelf Li	elf Life Storage Temp Fror		rom/To	
17.5 INH	12.75 I	NH 8	.25 INH	1.	065 FTQ	8x	10	360 Day	s	0 FAH / 20 FAH		H

Ingredients :

Whole Wheat Flour, Buttermilk, Soybean And/or Canola Oil, Sugar, Whey, Less Than 2% Of: Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Soy Lecithin, Natural And Artificial Flavors (Including Milk), Corn Syrup Solids, Caramel Color.

CONTAINS: MILK, SOY, WHEAT.

Allergen	s(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested'
50='Deriv	ved From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - NI	Milk - C	Peanuts - NI
Soy - C	Wheat - C	TreeNuts - NI
Fish - NI	Crustacean - NI	

Handling Suggestions :

Follow storage and usage instructions as printed on consumer packaging.

Benefits :

Krusteaz Whole Grain Waffle provides Heat 'n' Serve convenience, no mixing or griddling required, no waste or mess; made from scratch taste customer love. Whole grain provides a nutritious alternative.

Serving Suggestions :

Serve with lite syrup and top with fresh fruit for a healthy alternative

Prep & Cooking Suggestions :

TOASTER: Insert FROZEN waffle(s) into preheated toaster. Heat on light setting for one cycle. Note: An additional heating cycle may be required for some toasters.

Conventional Oven: Arrange FROZEN waffles in a single layer on a sheet pan. Bake, uncovered in a 400#F oven for 8-10 minutes.

Convection Oven: Arrange FROZEN waffles in a single layer on a sheet pan. Using low fan speed bake uncovered in a 350 σ F oven for 4-6 minutes.

More Information :

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