



Formula Name: **PREFORM ZTF CHOCOLATE CHIP W/ M&M'S (70745)**  
 Formula Number: 149  
 Serving Weight: 42.6 grams  
 Label Description: FULL STANDARD

<b>Nutrition Facts</b>			
Amount Per Serving			
<b>Calories</b> 190	Calories From Fat 80		
% Daily Value*			
<b>Total Fat</b> 9g	<b>14%</b>		
Saturated Fat 4.5g	<b>23%</b>		
Trans Fat 0g			
<b>Cholesterol</b> 15mg	<b>5%</b>		
<b>Sodium</b> 140mg	<b>6%</b>		
<b>Total Carbohydrate</b> 26g	<b>9%</b>		
Dietary Fiber <1g	<b>3%</b>		
Sugars 11g			
<b>Protein</b> 2g			
Vitamin A 2%	• Vitamin C 0%		
Calcium 2%	• Iron 4%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:** Enriched wheat flour, sugar, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin as an emulsifier, and artificial flavoring), m&m's [milk chocolate (sugar, chocolate, cocoa butter, skim milk, milk fat, lactose, soy lecithin, salt, artificial flavors), sugar, cornstarch, less than 1% - corn syrup, gum acacia, coloring (includes red 40 lake, yellow 6, blue 2 lake, yellow 5, blue 1 lake, red 40, blue 1), dextrine], shortening (palm oil), whole eggs, margarine [palm oil, water, canola oil, soybean oil, salt, mono and diglycerides, soy lecithin, sodium benzoate (a preservative), artificially flavored, artificially colored with beta-carotene, vitamin A palmitate added], white chocolate powder, molasses, soda bicarbonate, vanilla flavor, salt, butter flavor.  
 Contains: Wheat, eggs, milk, soy. May contain peanuts.