

Formula Name: **BAKED SYSCO /HS TFF OATMEAL RAISIN**
 Formula Number: 234
 Serving Weight: 56.8 grams
 Label Description: FULL STANDARD

Nutrition Facts

Amount Per Serving

Calories 230 **Calories From Fat** 90

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 4.5g **22%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 190mg **8%**

Total Carbohydrate 33g **11%**

Dietary Fiber 2g **6%**

Sugars 14g

Protein 3g

Vitamin A 4% • Vitamin C 0%

Calcium 4% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Sugar, enriched wheat flour, raisins, oats, shortening (palm oil), whole eggs, margarine [palm oil, soybean oil, canola oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate (a preservative), artificially flavored, artificially colored with beta-carotene, vitamin A palmitate added], molasses, soda bicarbonate, cinnamon, vanilla flavor, salt, cloves, butter flavor.
Contains: Wheat, eggs, milk, soy.