



# 6/24 OZ MUFFINS ENGLISH, PLAIN, SLICED/SPLIT (12 PK)



Pre-sliced English muffins can be toasted for a quick breakfast or enjoyed as a mid afternoon snack.

Product Last Saved Date:15 August 2016

## Nutrition Facts

Serving Size: 2 ONZ

Number of Servings per Package: 144

### Amount Per Serving

Calories: 140      Calories from Fat: 10

### % Daily Value\*

<b>Total Fat</b>	1 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	280 mg	12%
<b>Total Carbohydrate</b>	28 g	9%
Dietary Fiber	1 g	4%
Sugars	1 g	
<b>Protein</b>	6 g	

	Per Srv		Per Srv
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	0%
<b>Calcium</b>	20%	<b>Iron</b>	6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat	9	Carbohydrate	4
		Protein	4

## Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
75925-50019-00	735407	10075925500192	6 X 12 X 1 EA	

Brand	Brand Owner	GPC Description
CRYSTAL FARMS	MICHAEL FOODS INC	Bread (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.75 LBR	9 LBR	USA		No

## Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14.75 INH	11 INH	7 INH	0.657 FTQ	10x9	45 Days	33 FAH / 415 FAH

## Ingredients :

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin mononitrate, Riboflavin, Folic acid), Water, Yeast, English Muffin Base (Sugar, Calcium Salts, Wheat Gluten, Calcium Propionate, Diacetyl Tartaric Acid Esters of Mono Diglycerides [DATEM], Citric Acid, Wheat Flour, Fumaric Acid, Salt, Malted Barley Flour, Calcium Citrate, and Ascorbic Acid), Contains 2% or less of the following: Wheat Gluten, Dough Conditioner, Kosher Salt, Soybean Oil, Vinegar, Calcium Masking Agent (Wheat Flour, Vitamin D3 [coated with sucrose, corn starch, gum Arabic, glycerides, Vitamin E, and Tricalcium Phosphate], Salt, Soybean Oil, and Artificial Flavor), Fumaric Acid, Corn Meal, and Potassium Sorbate (Preservative).

**Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Provided'):**

Eggs - C	Milk - N	Peanuts - N
Soy - N	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

## Handling Suggestions :

Store at 33 to 40 degrees F

## Benefits :

• Pre-sliced • 45 day shelf life from date of production • 0g Trans Fat per Serving • Consistent quality & taste

## Serving Suggestions :

Can be toasted for a quick and easy breakfast or used as substitute for bread.

## Prep & Cooking Suggestions :

Toast muffin in toaster.

## More Information :