



English Muffin 100% Whole Wheat, Clean, Forksplit, 12/6 Packs, 72/2 oz

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Product Last Saved Date:24 January 2019

Nutrition Facts

72 Servings per container

Serving Size 1 Muffin

Amount Per Serving
Calories 120

% Daily Value*

Total Fat 1.5 g **2%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 150 mg **7%**

Total Carbohydrate 25 g **9%**

Dietary Fiber 3 g **12%**

Total Sugars 1 g

Includes g Added Sugars %

Protein 6 g

Vitamin D mg %

Calcium 70 mg 6%

Iron 1.2 mg 6%

Potassium 130 mg 2%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
30003	735401	10823056300033	72 X 2.00 ONZ	

Brand	Brand Owner	GPC Description
Burry	Quality Bakeries LLC	Bread (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.8 LBR	9 LBR	USA	Yes	

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.25 INH	10.75 INH	7.75 INH	0.7353 FTQ	10x9	273	-10 FAH / 0 FAH

Ingredients :

Whole Wheat Flour, Water, Yeast, Degerminated Yellow Corn Meal, Degerminated Yellow Corn Flour, Wheat Gluten, Contains less than 2% of each of the following: Sugar, Cultured Wheat Flour, Soybean Oil, Salt, Vinegar, Citric Acid, Wheat Flour, Enzymes, Ascorbic Acid (Dough Conditioner), Calcium Citrate.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - MC	Milk - MC	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Frozen at 0 to -10 F
Frozen Shelf Life: 12 months
Ambient Shelf Life: 10 days

Benefits :

Clean Ingredient Label, Forksplit, 100% Whole Wheat, No HFCS, Nut Free, 0 Grams Trans Fat, No Cholesterol, A Good Source of Fiber and Thiamin

Serving Suggestions :

1 Muffin

Prep & Cooking Suggestions :

Thaw and Serve

More Information :