



MCF03761: McCain® Bakeable Regular Crinkle Fries 3/8" L Product

Best if used before 365 days from date of manufacture, when stored at 0°F or below

Cut size: 3/8"

Suggested Quantity per Serving: 3 oz (85g)

Skin On: No

Fry Length: L

Packaging: 6/5

Case Config

Net weight inner pkg: 30lbs
 Inner packs per case: 31.83lbs
 Net weight case: 30lbs
 Gross weight case: 31.83lbs
 Case cube size: 1.22cu. ft.

Dimensions

Width: 12in
 Length: 11in
 Depth: 16in

Bar Codes

UPC: 072714937613
 GTIN (Unit): 10072714937610
 GTIN (Case): 10072714937610
 GTIN (Pallet): 10072714937610
 Napa #: 891501E606755

Ingredients:
 Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified. Contains 2% or less of Baking Soda, Dextrin, Dextrose, Extractives of Paprika (color), Gum Arabic, Maltodextrin, Natural Flavor, Potassium Chloride, Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Succinic Acid, Xanthan Gum.

Nutrition Facts

Serving size: 85g
 Servings per container: 160.00

Amount per Serving:
 Calories: 130 Calories from fat: 40

	% of daily value
Total Fat: 4.5g	7%
Saturated Fat: 0.5g	3%
TransFat: 0g	
MonoUnsaturatedFat: 2g	
PolyUnsaturatedFat: 1.5g	
Cholesterol: 0mg	
Sodium: 160mg	7%
Potassium: 320mg	9%
Total Carbohydrate: 21g	7%
Dietary fiber: 1g	5%
Sugars: 0g	
Protein: 2g	

Vitamin A: 0% Vitamin C: 6%
 Calcium: 0% Iron: 2%
Alliance for Healthier Generation: Yes

ALLERGENS

This product contains no known added ingredients sourced from allergenic sources.

SERVING SUGGESTIONS

3 oz

PREPARATION FROM FROZEN

Impingement: Temp (°F): 425 Cook Time (min): 8 to 10

Deep Fry: Temp (°F): 350 Cook Time (min): 2-1/2 to 3

Convection: Temp (°F): 425 Cook Time (min): 9 to 13

Impingement Oven: Temp (°F): 425 Cook Time (min): 8-10

Convection Oven: Temp (°F): 425 Cook Time (min): 9-13

Convection Oven From Frozen:
 Instructions: CONVECTION OVEN: PREHEAT OVEN TO 425° F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 9 TO 13 MINUTES, TURNING ONCE FOR UNIFORM COOKING.

McCain® OVATIONS® REDUCED SODIUM CRINKLE CUT FRENCH FRIES
USDA School Lunch Meal Planning Nutrition Facts
MCF03761

NUTRITION FACTS			
Serving Size 2.06 oz. (58g) FROZEN *			
Amount per Serving			
Calories 90	Calories from Fat 25		
% Daily Value*			
Total Fat 3g			5%
Saturated Fat 0g			0%
Trans Fat 0g			
Polyunsaturated Fat 1g			
Monounsaturated Fat 1.5g			
Cholesterol 0mg			0%
Sodium 115mg			5%
Potassium 220mg			6%
Total Carbohydrate 14g			5%
Dietary Fiber <1g			4%
Sugars 0g			
Protein 1g			
Vitamin A 0%	Vitamin C 4%		
Calcium 0%	Iron 2%		
INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified. Contains 2% or less of Dextrin, Dextrose, Extractive of Paprika (color), Gum Arabic, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Maltodextrin, Natural Flavor, Potassium Chloride, Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Preserve Natural Color, Succinic Acid, Xanthan Gum.			

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.06 oz of McCain fries.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Jan. 2013 Update)			
Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, Includes USDA Commodity (pg. 2-47)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100
1 Pound	16.2	1/4 cup cooked vegetable	6.2

McCain Equivalent per Bag			
Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
5 Pounds	38.72	1/2 cup cooked vegetable	2.58

McCain Equivalent per Case			
Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
30 Pounds (6 Bags per Case)	232.31	1/2 cup cooked vegetable	0.43

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato, FF, Frozen, CC, Low	1.98 oz by weight	X	16.2 / 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.
 Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

11/3/2016
Date

Nicole L. Bartz

Nicole L. Bartz
Research and Development