



MCL03622: McCain® Redstone Canyon® Spirals Product

Best if used before 365 days from date of manufacture, when stored at 0°F or below

Kosher (OU)

Cut size: spirals

Suggested Quantity per Serving: 3 oz (85g)

Skin On: Yes

Packaging: 6/4.00 LB PLAIN POLYKRAFT BAGS IN A PRINTED MASTER CASE.

Case Config		Dimensions	
Net weight inner pkg:		Width:	12in
Inner packs per case:	0	Length:	10.25in
Net weight case:	24lbs	Depth:	16in
Gross weight case:	25.56lbs		
Case cube size:	1.14cu. ft.		

Bar Codes
 UPC: 072714936227
 GTIN (Unit): 00072714936227
 GTIN (Case): 10072714936224
 GTIN (Pallet): 10072714936224
 Napa #: 891501E604511

Ingredients:

Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains 2% or less of Annatto (color), Baking Soda, Dextrin, Dextrose, Extractives of Paprika (color), Extractives of Capsicum, Garlic Powder, Onion Powder, Paprika (color), Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Spices, Tapioca Starch, Tapioca Starch - Modified, Xanthan Gum.

Nutrition Facts

Serving size: 85g
 Servings per container: 128.00

Amount per Serving:
 Calories: 150 Calories from fat: 60

	% of daily value
Total Fat: 7g	11%
Saturated Fat: 1g	5%
TransFat: 0g g	0%
MonoUnsaturatedFat: 3g	
PolyUnsaturatedFat: 2.5g	
Cholesterol: 0mg	0%
Sodium: 420mg	17%
Potassium: 220mg	6%
Total Carbohydrate: 21g	7%
Dietary fiber: 2g	8%
Sugars: 0g	
Protein: 2g	
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Vitamin A: 0%	Vitamin C: 8%
Calcium: 0%	Iron: 4%

ALLERGENS

This product contains ingredients which may cause an allergic reaction to the following:



PREPARATION FROM FROZEN

Deep Fry: Temp (°F): 350 Cook Time (min): 2-1/2 to 3

Convection: Temp (°F): 425 Cook Time (min): 10 to 14

Convection Oven From Frozen:

Instructions: CONVECTION OVEN: PREHEAT OVEN TO 425° F. SPREAD FROZEN SPIRALS EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 14 MINUTES, TURNING ONCE FOR UNIFORM COOKING.

SERVING SUGGESTIONS

3 oz

McCain® REDSTONE CANYON® SPIRAL CUT FRENCH FRIES
USDA School Lunch Meal Planning Nutrition Facts
MCL03622

NUTRITION FACTS			
Serving Size 2.11 oz. (60g) FROZEN *			
Amount per Serving			
Calories 110	Calories from Fat 45		
% Daily Value*			
Total Fat 5g			8%
Saturated Fat 0.5g			3%
<i>Trans</i> Fat 0g			
Polyunsaturated Fat 1.5g			
Monounsaturated Fat 2.5g			
Cholesterol 0mg			0%
Sodium 300mg			12%
Potassium 150mg			4%
Total Carbohydrate 15g			5%
Dietary Fiber 1g			5%
Sugars 0g			
Protein 1g			
Vitamin A 0%	Vitamin C 6%		
Calcium 0%	Iron 2%		

INGREDIENTS: Potatoes, Vegetable Oil (contains one or more of the following: Canola Oil, Soybean Oil, Cottonseed Oil, Sunflower Oil, Corn Oil), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Tapioca Starch - Modified, Dextrin, Garlic Powder, Onion Powder, Spice, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice and Coloring, Xanthan Gum, Annatto (color), Sodium Acid Pyrophosphate Added to Preserve Natural Color. **CONTAINS: WHEAT**

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.11 oz of McCain battered fries.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)			
Product: Potatoes, French Fries, frozen, Curly (1/3-inch width) (pg. 2-69)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	16.2	1/4 cup cooked vegetable	6.2

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	30.13	1/2 cup cooked vegetable	3.32

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	180.79	1/2 cup cooked vegetable	0.55

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato, FF, frozen, curly	1.975 oz by weight	X	16.2/ 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.
Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

1/2/2014
Date

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 Research and Development