



Printer Friendly Version 

Brakebush Brothers

Brakebush®

Chicken, FC Gluten Free Chicken Breast Strip; avg 145/1.1 oz

GTIN: 10038034581001
MFR Product Number: 5810
Serving Size: 3 strips
Servings Per Case: 48
Storage Temperature: 0F
Shelf Life: 12 months
Child Nutrition Label (Y/N): No



General Description

5810-Gluten Free Fully Cooked Breaded Chicken Breast Strips with Rib Meat, Chopped and Formed

Benefits Of Using This Product

This strip is a gluten free twist on a childhood favorite. It has a flaky, crispy, potato coating and cooks up well in a deep fryer or oven.

Serving Suggestions

For recipe and menu ideas go to www.brakebush.com

Preparation and Cooking Instructions

PPREPARATION: COOK TO A MINIMUM OF 165' F. DEEP FRY AT 350' F FOR 2-3 MIN. BAKE IN CONVECTION OVEN AT 350'F FOR 10-15 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400'F FOR 15-20 MIN. MICROWAVE ON HIGH ABOUT 1-2 MIN. PER SERVING, TURNING ONCE. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK

List Of Ingredients

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, WATER, SALT, SODIUM PHOSPHATES. BREADED WITH RICE FLOUR, DRIED POTATOES, WATER, YELLOW CORN FLOUR, SALT, CORN STARCH, SPICES, TAPIOCA DEXTRIN, DEXTROSE, DRIED GARLIC, DRIED ONION, ORGANIC SOYBEAN OIL, DRIED EGG WHITES, SPICE EXTRACT.
 ALLERGENS: EGG.

Additional Information

For more information call 1-800-933-2121

Nutritional Information

Nutrition Facts																									
Serving Size: 3 strips (94g)																									
Servings Per Container: 48																									
Amount per Serving																									
Calories: 210	Calories from Fat: 110																								
<table border="0"> <thead> <tr> <th></th> <th style="text-align: right;">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat: 13 g</td> <td style="text-align: right;">20 %</td> </tr> <tr> <td> Saturated Fat: 3 g</td> <td style="text-align: right;">15 %</td> </tr> <tr> <td> Trans Fat: 0 g</td> <td></td> </tr> <tr> <td>Cholesterol: 45 mg</td> <td style="text-align: right;">15 %</td> </tr> <tr> <td>Sodium: 510 mg</td> <td style="text-align: right;">21 %</td> </tr> <tr> <td>Total Carbohydrate: 13 g</td> <td style="text-align: right;">4 %</td> </tr> <tr> <td> Dietary Fiber: 1 g</td> <td style="text-align: right;">4 %</td> </tr> <tr> <td> Sugars: 0 g</td> <td></td> </tr> <tr> <td>Protein: 12 g</td> <td></td> </tr> <tr> <td>Vitamin A: 0 %</td> <td>Vitamin C: 0 %</td> </tr> <tr> <td>Calcium: 0 %</td> <td>Iron: 4 %</td> </tr> </tbody> </table>			% Daily Value*	Total Fat: 13 g	20 %	Saturated Fat: 3 g	15 %	Trans Fat: 0 g		Cholesterol: 45 mg	15 %	Sodium: 510 mg	21 %	Total Carbohydrate: 13 g	4 %	Dietary Fiber: 1 g	4 %	Sugars: 0 g		Protein: 12 g		Vitamin A: 0 %	Vitamin C: 0 %	Calcium: 0 %	Iron: 4 %
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*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.																									

Kosher: NO
Serving Size for Nutrients: 94g
Household Serving Size: 3
Measure: PIECE

* This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.

Packaging & Storage Information

Bulk packed

Master Pack

Pallet Tie: 16

Pallet High: 8

Pallet Extra:

Total Pallet: 128

Description: 1 CASE case

Size: 10 LB

Gross Weight: 10.68 LB

Net Weight: 10 LB

Volume: 0.58 FT

Length: 13.5 IN

Width: 8.63 IN

Height: 8.75 IN

Inner Pack

Unit Quantity: 1 CASE

Unit Size: 10 lb



Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products

Child Nutrition Program operators should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative.

Product Code 5810
 Product Name Smart Shapes® Gluten Free Fully Cooked Breaded Chicken Breast Strips
 Portion Size 4 pieces
 Portion Weight 4.400 oz

I. Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount *
Chicken, Boneless, fresh or frozen	3.0078	X	0.70	2.105
		X		0.000
A. Total Creditable M/MA Amount¹				2.105

*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

II. Alternate Protein Product (APP)

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described in Attachment A for each APP used.

Description of APP, manufacture's name, and code number	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP***
		X		÷ by 18	0.000
		X		÷ by 18	0.000
B. Total Creditable APP Amount¹					0.000
C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest ¼ oz)					2.000

*Percent of Protein As-Is is provided on the attached APP documentation.

**18 is the percent of protein when fully hydrated.

***Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

¹Total Creditable Amount must be rounded **down** to the nearest 0.25oz (1.49 would round down to 1.25 oz meat equivalent). Do **not** round up. If you are crediting M/MA and APP, you do not need to round down in box A (Total Creditable M/MA Amount) until after you have added the Total Creditable APP Amount from box B to box C.

Total weight (per portion) of product as purchased 4.400 oz <----- Serving
 Total creditable amount of product (per portion) 2.000 oz <----- M/MA

(Reminder: Total creditable amount cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a serving of the above product (ready for serving) contains the above-listed equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.



 Signature

Jon Brakebush, Vice President - Research & Development
 800-296-2121

 Printed Name, Title, and Phone Number

5/1/2015

 Date



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