



## Chicken, FC CN Breast Nuggets; avg 295/.65 oz

M/MA analysis available



Product Last Saved Date:31 May 2018

### Nutrition Facts

59 Servings per container

**Serving Size** 5 PIECE

Amount Per Serving

**Calories** 230

% Daily Value\*

**Total Fat** 13 g 17%

Saturated Fat 3 g 15%

Trans Fat 0 g

**Cholesterol** 35 mg 12%

**Sodium** 520 mg 23%

**Total Carbohydrate** 13 g 5%

Dietary Fiber 2 g 6%

Total Sugars 0 g

Includes g Added Sugars %

**Protein** 13 g

Vitamin D 0 mg 0%

Calcium 38 mg 2%

Iron 1 mg 8%

Potassium 152 mg 4%

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
5622	682500	10038034562208	2 X 6 LBR	

Brand	Brand Owner	GPC Description
Brakebush®	Brakebush Brothers	Chicken - Prepared/Processed

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.68 LBR	12 LBR	USA	Undeclared	Yes

#### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.5 INH	8.63 INH	9.25 INH	0.62365 FTQ	16x8	545 Days	-10 FAH / 0 FAH

#### Ingredients :

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, WATER, ISOLATED SOY PROTEIN, SALT, SODIUM PHOSPHATES, SEASONING (SALT, GARLIC POWDER, SPICE, SOYBEAN OIL), BREADED WITH ENRICHED BLEACHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YELLOW CORN FLOUR, FOOD STARCH-MODIFIED, SPICES, DRIED ONION, IODIZED SALT, DEXTROSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), WHEY, PAPRIKA EXTRACT (COLOR), SOY FLOUR, SODIUM ALGinate, NONFAT MILK, NATURAL FLAVOR, EGG.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - C	Milk - C	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

#### Handling Suggestions :

Keep frozen

#### Benefits :

5622-CN Fully Cooked Breaded Nugget Shaped Chicken Breast Patties with Rib Meat

#### Serving Suggestions :

Appetizers, light lunches or kids' entrees.

#### Prep & Cooking Suggestions :

PREPARATION: COOK TO A MINIMUM OF 165° F. BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F. FOR 8-10 MIN. DEEP FRY FROZEN NUGGETS AT 350° F FOR 2-4 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400°F FOR 12-15 MIN. MICROWAVE ON HIGH ABOUT 1-2 MIN. PER SERVING, TURNING ONCE. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

#### More Information :