



**Chicken, FC Easy Gourmet Classic®, Savory Brst Fillet;
avg 40/4oz No Gluten Added**



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Product Last Saved Date:31 May 2018

Nutrition Facts

40 Servings per container

Serving Size 1 PIECE

Amount Per Serving
Calories 120

% Daily Value*

Total Fat 2 g **3%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 75 mg **25%**

Sodium 420 mg **18%**

Total Carbohydrate 1 g **0%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes g Added Sugars %

Protein 25 g

Vitamin D mg %

Calcium 0 mg 0%

Iron .5 mg 2%

Potassium mg %

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
4201	682049	10038034420102	2 X 5 LBR	

Brand	Brand Owner	GPC Description
Brakebush®	Brakebush Brothers	Chicken - Prepared/Processed

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.68 LBR	10 LBR	USA	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.5 INH	8.63 INH	8.75 INH	0.58994 FTQ	16x8	545 Days	-10 FAH / 0 FAH

Ingredients :

INGREDIENTS: SKINLESS BONELESS CHICKEN BREAST FILLETS, WATER, MODIFIED FOOD STARCH, SALT, SEASONING (CHICKEN BROTH, NATURAL FLAVOR), SODIUM PHOSPHATES.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - N	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Keep frozen

Benefits :

4201-Grilled fully cooked skinless boneless savory chicken breast fillets with rib meat

Serving Suggestions :

Enhanced with grill marks for exceptional plate presentation. Ideal on its own, for a sandwich or pasta.

Prep & Cooking Suggestions :

PREPARATION: COOK TO A MINIMUM OF 165° F. FOR BEST RESULTS COOK ON PREHEATED GRILL AT 400°F. AND GRILL 10-12 MIN., TURNING ONCE. ALTERNATE METHODS: BROIL IN PREHEATED BROILER FOR 6-10 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F. FOR 10-15 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400°F. FOR 15-20 MIN. MICROWAVE ON HIGH ABOUT 1-3 MIN. PER SERVING, ROTATE ONCE. DEEP FRY AT 350°F FOR 4-6 MIN. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

More Information :