



POLLOCK WHOLE GRAIN BREADED NUGGET PRECOOKED BONELESS OVEN READY FROZEN

BREADED POLLOCK NUGGETS 1 OZ WITH WHOLE GRAIN COATING. TRIDENT SEAFOODS' LINE OF WHOLE GRAIN BREADED AND UNBREADED ALASKA POLLOCK ITEMS ALLOW YOU TO MEET CHANGING NSLP CHILD NUTRITION GUIDELINES WHILE CONTINUING TO PROVIDE THE SAME GREAT TASTING PRODUCTS YOUR STUDENTS HAVE ALWAYS LOVED. ALL NATURAL, SUSTAINABLY HARVESTED AND COATED WITH CRISPY WHOLE GRAIN CRUMB OR POTATO CRUST, TRIDENT CHILD NUTRITION PRODUCTS ALLOW



Product Last Saved Date: 14 June 2018

Nutrition Facts

40 Servings per container

Serving Size 4 PIECES (114 g)

Amount Per Serving

Calories 210

% Daily Value*

Total Fat 9 g 14%

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 40 mg 13%

Sodium 330 mg 14%

Total Carbohydrate 18 g 6%

Dietary Fiber 2 g **8%**

Total Sugars 1 g

Includes g Added Sugars %

Protein 15 g

Vitamin D mg %

Calcium mg 2%

Iron mg 8%

Potassium mg %

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

| Man Prod Code | Dist Prod Code | GTIN | Pack | Pack Description |
|---------------|----------------|----------------|------------|------------------|
| 418305 | 640477 | 00028029183054 | 1 X 10 LBR | |

| Brand | Brand Owner | GPC Description |
|------------------|------------------------|------------------------------------|
| Trident Seafoods | Trident Seafoods Corp. | Fish - Prepared/Processed (Frozen) |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|------------|-----------------|
| 11.5 LBR | 10 LBR | USA | Undeclared | Yes |

Shipping Information

| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
|--------|-----------|----------|------------|-------|------------|----------------------|
| 15 INH | 9.938 INH | 6.25 INH | 0.5425 FTQ | 12x7 | 730 Days | -10 FAH / 0 FAH |

Ingredients :

64.2% FISH (ALASKA POLLOCK) 35.8% BATTER & BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, WHEAT GLUTEN, SALT, SUGAR, IODIZED SALT, YEAST, WHOLE YELLOW CORN FLOUR, SOY FLOUR, DEXTROSE, LEAVENING [BAKING SODA, SODIUM ALUMINUM PHOSPHATE], MONO AND DIGLYCERIDES, EXTRACTIVES OF PAPRIKA, SPICE EXTRACT, SPICE. CONTAINS FISH (ALASKA POLLOCK), WHEAT, SOY

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

| | | |
|----------|----------------|--------------|
| Eggs - N | Milk - N | Peanuts - N |
| Soy - C | Wheat - C | TreeNuts - N |
| Fish - C | Crustacean - N | |

Handling Suggestions :

KEEP FROZEN BELOW 0°F UNTIL READY TO USE.

Benefits :

ONCE FROZEN GENUINE ALASKA POLLOCK. NSLP COMPLIANT WHOLE GRAIN BREADING. USDA COMMODITY APPROVED OPTIONS.

Serving Suggestions :

GOOD FOR SERVING WITH YOUR FAVORITE DIPPING SAUCE AND FAVORITE SIDE DISH.

Prep & Cooking Suggestions :

COOKING INSTRUCTIONS - COOK FROM FROZEN. CONVECTION OVEN : BAKE AT 400 DEGREES F. FOR 13 TO 15 MINUTES. CONVENTIONAL OVEN : 425 DEGREES F. FOR 16-18 MINUTES. COOKING TIME AND TEMPERATURE MAY VARY WITH EQUIPMENT. FOR ADDED CRISPNESS, COOK SLIGHTLY LONGER COOK TO AN INTERNAL TEMPERATURE OF 165°F.

More Information :

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