LOBSTER CK MEAT

Cooked Claw Kuckle Lobster Canadian Meat

Product Last Saved Date:11 March 2015

Nutrition Facts

Serving Size: 3 OZ

Number of Servings per Package: 64

Amount Per Serving

Calories: 70 Calories from Fat: 10 % Daily Value*

	% Daily Value
Total Fat 1 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 90 mg	30%
Sodium 440 mg	18%
Total Carbohydrate 1 g	0%
Dietary Fiber 0 g	0%
Sugars 0 g	

Protein 14 g

Vitamin A	Per Srv 0%	Vitamin C	Per Srv 0%
Calcium	10%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet.Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			

Protein 4

Fat 9 Carbohydrate 4

KEEP FROZEN

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
10748734700724	606716	10748734700724	6 X 2 LB	

Brand	Brand Owner	GPC Description
Seamazz	Mazzetta	Shellfish Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
15 LB	12 LB	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15 IN	10 IN	4.5 IN	0.391 CF	10x10	540 Days	-20 FA / 30 FA

Ingredients:

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):					
Eggs - NI Milk - NI Peanuts - NI					
Soy - NI	Wheat - NI	TreeNuts - NI			
Fish - NI	Crustacean - C	Nuts - NI			

Handling Suggestions:

Benefits:

Serving Suggestions :

Prep & Cooking Suggestions:

Thaw, then serve

More Information: