

Heinz® New England Clam Chowder

Flavorful cream soup comprised of tasty pieces of clam and potatoes with an array of spices.

Preparation Instructions:

1. In a 4-quart pot, gradually combine 1 can of soup with ½ can of water and ½ can of milk*.
2. Cover, heat slowly, stirring occasionally. Do Not Boil.

*If desired, this soup can also be prepared with all water or all milk.

Variety	Package Size
78003948	Heinz® New England Clam Chowder



Ingredients

water, potatoes (potatoes, sodium acid pyrophosphate), clams, enriched bleached flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), soybean oil, contains 2% or less of: salt, modified cornstarch, sweet dairy whey (milk), concentrated clam broth (concentrated clam broth, salt), isolated soy protein, cream, dehydrated onion, natural cream type flavor (maltodextrin, natural flavor), disodium inosinate and guanylate, titanium dioxide, black pepper blend (salt, extractives of black pepper), disodium phosphate, spice powder (dextrose, thyme), natural onion flavor with other natural flavors (maltodextrin, natural flavor).

Allergens: Milk, Soy, Wheat

Kosher Status: Non Kosher

Shelf life: 36 months

Information for Child Nutrition Programs*:

Serving Size Condensed: ½ cup

Meal equivalent: ¼ cup starchy vegetable, 1 oz. meat

* The meal equivalent is based on 1 cup of soup as prepared from ½ cup concentrate in accordance with the USDA Food Buying Guide for Child Nutrition Programs.

Nutrition Facts

Información Nutricional

Serving Size: ½ Cup Condensed Soup (123g)
Porción: ½ Taza de Sopa Condensada (123g)

Servings Per Container About 11
Porciones por envase: 11 Aprox

Amount Per Serving/Cantidad por porción	
Calories/Calorías	100
Calories from Fat/Calorías de grasa	35
% Daily Value * / % Valores Diarios*	
Total Fat/Grasas Totales 4g	6 %
— Saturated Fat/Grasas Saturadas 0.5g	3 %
— Trans Fat/Grasas Trans 0g	
Cholesterol/Colesterol 5mg	2%
Sodium/Sodio 840 mg	35 %
Total Carbohydrate/Carbohidratos Totales 12g	4 %
— Dietary Fiber/Fibra Dietética 1g	4%
— Sugars/ Azúcares 1g	
Protein/ Proteínas 3g	
Vitamin A/Vitamina A	0% • Vitamin C/ Vitamina C 15%
Calcium/Calcio	2% • Iron/Hierro 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
* Los porcentajes de valores diarios están basados en una dieta de 2,000 calorías. Sus valores diarios pueden ser mayores o menores dependiendo de sus necesidades energéticas.	
Calories/Calorías:	2,000 2,500
Total Fat/Grasa Total	Less than/ Menos de 65g 80g
Sat Fat/Grasa Saturada	Less than/ Menos de 20g 25g
Cholesterol/ Colesterol	Less than/ Menos de 300mg 300mg
Sodium/ Sodio	Less than/ Menos de 2,400mg 2,400mg
Total Carbohydrate/Carbohidratos totales	300g 375g
Dietary Fiber/ Fibra Dietética	25g 30g

Calories Per Gram/ Calorías Por Gramo:
Fat/Grasas • Carbohydrate/ Carbohidratos 4 • Protein/Proteínas 4

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