



PROMISE

216663 - Margarine Promise Cup

Promise helps maintain a healthy heart when substituted for butter or margarine as part of a diet low in saturated fat and cholesterol. They are a good source of Omega-3 ALA, which helps maintain cholesterol levels that are already within the normal range. The spreads are made with a special blend of oils (soybean, canola, ...



Nutrition Facts

Servings per Container 1
Serving size 5 Gram

Amount per serving
Calories 25

	% Daily Value*
Total Fat 3g	%
Saturated Fat 0.5g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugars	%
Protein 0g	
Vitamin D 0µg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

VEGETABLE OIL BLEND (LIQUID SOYBEAN, CANOLA, PALM, PALM KERNEL), WATER, WHEY (FROM MILK), SALT, VEGETABLE MONO AND DIGLYCERIDES, SOY LECITHIN, POTASSIUM SORBATE AND CALCIUM DISODIUM EDTA USED TO PROTECT QUALITY, VITAMIN E, CITRIC ACID, CYANOCOBALAMIN (VITAMIN B12), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR), VITAMIN D3.

Allergens

Contains:



Free From:



Handling Suggestions

do not freeze keep refrigerated

Serving Suggestions

1 tbspn

Prep & Cooking Suggestions

Prepared

Product Specifications

Brand	Manufacturer	Product Category
PROMISE	Unilever Foodsolutions	Butter Blend & Margarine

MFG #	SPC #	GTIN	Pack	Pack Desc.
1111518200	216663	1001115182007		1/600CT

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.9 lb	6.6 lb	CAN	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.31 in	10.31 in	7.63 in	0.7 ft3	12x9	180 DAYS	35°F / 45°F



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Nutrition Analysis

Calories	25 kcal	Total Fat	3 g	Sodium	30 mg
Protein	0 g	Trans Fats	0 g	Calcium	0 mg
Total Carbohydrates...	0 g	Saturated Fat	0.5 g	Iron	0 mg
Sugars	0 g	Added Sugars		Potassium	0 mg
Dietary Fiber	0 g	Polyunsaturated Fat	1.5 g	Zinc	
Lactose		Monounsaturated Fat	1 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(U)	0 µg	Vitamin D	0 µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

