



DORITOS

204150 - * Chip Dorito Flamas Rf Wg

DORITOS Flamas Reduced Fat* Tortilla Chips deliver a powerful crunch that unlocks bold and unique flavor. DORITOS Flamas Reduced Fat Tortilla Chips are eligible to be served on the tray for K-12 education account and counts for 1.5 OZ eq. grain. DORITOS Flamas Reduced Fat Tortilla Chips are Whole Grain Rich, Smart Snack compliant and also eligible to be served in K-12 education accounts a la carte. *25% less fat than regular tortilla chips. Regular tortilla chips contain 7g fat per 1 OZ serving. These snacks contain 5g fat per 1 OZ serving. This package contains 1 OZ.



* Benefits

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Nutrition Facts

Servings per Container **1**
Serving size **1package (1oz)**

Amount per serving
Calories 140

	% Daily Value*
Total Fat 5g	7%
Saturated Fat 0.5g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	3%
Total Sugars 1g	
Includes Added Sugars	%
Protein 2g	
Vitamin D 0µg	0%
Calcium 28mg	2%
Iron 0mg	0%
Potassium 40mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Ingredients: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made from Corn), Salt, Citric Acid, Sugar, Monosodium Glutamate, Artificial Color (Red 40 Lake, Yellow 6 Lake), Hydrolyzed Corn Protein, Yeast Extract, Sodium Diacetate, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Modified Corn Starch, Natural Flavor, Onion Powder, Whey, Corn Syrup Solids, Garlic Powder, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Whey Protein Concentrate, Disodium Inosinate and Disodium Guanylate. CONTAINS MILK INGREDIENTS.

Allergens

Contains:



Handling Suggestions

All products are code dated with "guaranteed fresh by" date on front of bag. Rotate product to insure fresh products. Destroy products that are beyond the "guaranteed fresh by" date. Store at room temperature out of direct sunlight.

Serving Suggestions

Display at cash register and other locations to increase grab and go sales. Can also be used on the tray as a menu item in K-12 Schools. Contact PepsiCo Foodservice for Display Options

Prep & Cooking Suggestions

Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering / box lunches. Contact PepsiCo Foodservice for display equipment options.

Product Specifications

Brand	Manufacturer	Product Category
DORITOS	FRITO LAY INC	Grocery

MFG #	SPC #	GTIN	Pack	Pack Desc.
62829	204150	00028400628297		72/1OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.68lb	4.5lb	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20.06in	16.25in	14.06in	2.65ft3	6x6	98DAYS	35°F / 85°F



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FAMILY-OWNED AND OPERATED.
UPPER LAKES FOODS
EST 1967

Nutrition Analysis - By Serving

Calories	140kcal	Total Fat	5g	Sodium	200mg
Protein	2g	Trans Fats	0g	Calcium	28mg
Total Carbohydrates...	20g	Saturated Fat	0.5g	Iron	0mg
Sugars	1g	Added Sugars		Potassium	40mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images



INGREDIENTS: Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made From Corn), Salt, Citric Acid, Sugar, Monosodium Glutamate, Artificial Color (Red 40 Lake, Yellow 6 Lake), Hydrolyzed Corn Protein, Yeast Extract, Sodium Diacetate, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Modified Corn Starch, Natural Flavor, Onion Powder, Whey, Corn Syrup Solids, Garlic Powder, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Whey Protein Concentrate, Disodium Inosinate, and Disodium Guanylate.
CONTAINS MILK INGREDIENTS.

