





Whole Grain Rich

Nutrit	tion	Fac	ts	
Serving Size 1 pag	ckage			
Servings Per Conta				
Amount Per Servii				
Calories				
			2	210
Calories from Fat				80
		%D	aily Valu	ıe,
Total Fat 9g			14	4%
Saturated Fat 1.5g				6%
Trans Fat 0g				
Polyunsaturated	Fat 1.5	g		
Monounsaturated	d Fat 5g			
Cholesterol 0mg				0%
Sodium 320mg			1;	3%
Total Carbohydrat	e 27g			9%
Dietary Fiber 4g 149				4%
Sugars 3g				
Protein 4g				
Vitamin A			(0%
Vitamin C			(0%
Calcium				2%
Iron				4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				
Calor	ies:	2,000	2,500	
Total Fat Less		65g	80g	
Sat Fat Less		20g	25g	
Cholesterol Less		300mg		
Sodium Less	than	2,400mg		g
Total		300g	375g	
Carbohydrate		250	200	
Dietary Fiber		25g	30g	
Calories per gram: Fat 9 Carbo	ohydrate	1	Protein -	1
rate Carbo	Jiryurale	4	r rotein	4

I verify the above information is accurate as of 8/6/14.

Van Ruegg PepsiCo Foodservice/Vend Nutrition Science

972-334-2165

7701 Legacy Dr. Plano, TX 75024

Ingredients:

Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made From Corn), Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural Flavors, Whey, Whey Protein Concentrate, Onion Powder, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Yeast Extract, Citric Acid, Paprika Extracts, Lactic Acid, Garlic Powder, Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk.

CONTAINS WHEAT AND MILK INGREDIENTS.

Case UPC	000-28400-44427-9	
Package UPC	0-28400-07326-4	
Case Pack	64/1.5 oz. bags	
USDA Competitive Food	_	
Compliant	No	
Healthier US Schools Compliant		
Competitive Foods		
(Gold Award of Distinction)	No	
Kosher Status	Not Kosher	
Grain Equivalents	2 oz. eq.	
Weight of Grain	32.9 g	
Document Updated	8/14	