



001885 - BUSH'S Low Sodium Black Beans 6-108 oz

A staple for centuries, it's no wonder that black beans are one of the most popular beans available. Their dark rich color is paired with a mild, sweet taste that's vaguely reminiscent of a mushroom. This makes them a can do bean that's perfect for vegetarian recipes or as a stand-alone side dish. They retain their shape in cooking, and they're perfect for sides, salads, and salsas. Our low sodium black beans have the same taste and feel, but with less sodium at only 140mg per serving.



Brand: BUSH'S BEST®

Nutrition Facts

Serving Size 1/2 cup (130g)
Servings Per Container 24

Amount Per Serving

Calories 120	Calories from Fat 5
% Daily Value*	
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 140 mg	6%
Potassium 450 mg	13%
Total Carbohydrate 23 g	8%
Dietary Fiber 6 g	25%
Sugars 1 g	
Protein 7 g	

Vitamin A 0 % • Vitamin C 0 %
Calcium 6 % • Iron 10 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Prepared Black Beans, Water, Salt, And Calcium Chloride (Firming Agent).

Product Specifications

GTIN	10039400018855	Case Net Weight	40.5000 LB
Item UPC	01885	Case L,W,H	18.750 IN, 12.500 IN, 7.000 IN
Unit Size	6 / 108OZ	Cube	0.95 CF
Shelf Life (Total / At Shipping)	730 Days / 183 Days	Tie x High	8 x 7
Case Gross Weight	45.8000 LB	Kosher Status	No

Each Specifications

GTIN	00039400018858	Case Net Weight	108.0000 OZ
Item UPC		Case L,W,H	6.190 IN, 6.190 IN, 7.000 IN
Unit Size	1 / 108OZ	Cube	0.16 CF
Shelf Life (Total / At Shipping)	730 Days / 90 Days	Tie x High	0 x 0
Case Gross Weight	118.0000 OZ	Kosher Status	

Preparation and Cooking

Empty contents into saucepan. Heat to simmer.

Serving Suggestions

Perfect In soups, with rice, pureed for dips, or as a stand alone dish.

Packaging and Storage

Store in a clean dry place

Allergens

FREE FROM:

Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Shellfish or Shellfish Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives

Barcodes

Case Barcode



10039400018855

Each Barcode



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