

## NUTRITION AND INGREDIENT STATEMENT

Nutrition	Amount/serving	% Daily Value*	Amount/serving	% Daily Value
Facts	Total Fat Og	0%	Total Carbohydrate 19g	6%
Serving Size 1/2 cup (122g)	Saturated Fat 0g	0%	Dietary Fiber less than 1g	3%
Servings about 26	Trans Fat 0g		Sugars 18g	
	Sodium 10mg	0%		
Calories 80	Potassium 80mg	2%	Protein 0g	
Calories from Fat 0	Vitamin C 35%		Iron 2%	
*Percent Daily Values (DV) are	Not a significant source of cholesterol, vitamin A, or calcium.			
based on a 2,000 calorie diet.				