Nutritional Information

DOLE PINEAPPLE (JUICE PACK)	Case Code	Serving Size 1/2 Cup	Calories	Total Fat	Sat. Fat	Trans Fat	Sodium	Potassium	Carbohydrate	Fiber	Sugars	Protein	*Percentage of U.S. Daily Value: Vitamin A	Vitamin C	Iron
Fancy Slices in Juice	100-38900-01139-7	114g	60	0g	0g	0g	0mg	140 mg	15g	1g	14g	<1g	–	30%	–
Fancy Chunks in Juice	100-38900-11469-2	122g	60	0g	0g	0g	0mg	150 mg	16g	1g	15g	<1g	–	30%	2%
Fancy Slices in Juice	100-38900-01143-4	114g	60	0g	0g	0g	0mg	140mg	15g	1g	14g	<1g	–	30%	–
Fancy Chunks in Juice	100-38900-01473-2	122g	60	0g	0g	0g	0mg	150mg	16g	1g	15g	<1g	–	30%	2%
Fancy Tidbits in Juice	100-38900-01513-5	122g	60	0g	0g	0g	0mg	150mg	16g	1g	15g	<1g	–	30%	2%
INGREDIENTS: Pineapple, Pineapple Juice, Clarified Pineapple Juice from Concentrate (Water, Clarified Pineapple Juice Concentrate) and Citric Acid.															
Fancy Crushed in Juice	100-38900-01619-4	122g	70	0g	0g	0g	0mg	135mg	18g	1g	15g	1g	–	20%	2%
Fancy Crushed in Juice	100-38900-01613-2	122g	70	0g	0g	0g	0mg	135mg	18g	1g	15g	1g	–	20%	2%
INGREDIENTS: Pineapple, Pineapple Juice, and Citric Acid.															
Choice Slices in Juice 66	100-38900-00255-5	122g	60	0g	0g	0g	0mg	150mg	16g	1g	15g	<1g	–	30%	2%
Fancy Chunks in Juice	100-38900-00468-9	122g	60	0g	0g	0g	0mg	150mg	16g	1g	15g	<1g	–	30%	2%
Choice Tidbits in Juice	100-38900-00553-2	122g	60	0g	0g	0g	0mg	150mg	16g	1g	15g	<1g	–	30%	2%
INGREDIENTS: Pineapple, Pineapple Juice, Clarified Pineapple Juice from Concentrate (Water, Clarified Pineapple Juice Concentrate) and Citric Acid.															
Fine Cut Crushed in Juice	100-38900-00715-4	122g	70	0g	0g	0g	10mg	135mg	18g	1g	15g	1g	–	20%	2%
Coarse Cut Crushed in Juice	100-38900-00765-9	122g	70	0g	0g	0g	10mg	135mg	18g	1g	15g	1g	–	20%	2%
INGREDIENTS: Pineapple and Pineapple Juice.															
Aseptic Fine Cut Crushed in Juice	100-38900-80716-7	100g	61	0g	0g	0g	1mg	115mg	14g	1g	13g	<1g	–	60%	–
Aseptic Coarse Cut Crushed in Juice	100-38900-80766-2	100g	61	0g	0g	0g	1mg	115mg	14g	1g	13g	<1g	–	60%	–
INGREDIENTS: Pineapple, Pineapple Juice, Citric Acid, and Ascorbic Acid.															
DOLE PINEAPPLE (SYRUP PACK)															
Fancy Slices in Heavy Syrup	100-38900-01102-1	117g	80	0g	0g	0g	0mg	90mg	25g	1g	23g	0g	–	25%	–
Fancy Chunks in Heavy Syrup	100-38900-01462-6	123g	90	0g	0g	0g	0mg	95mg	26g	1g	25g	0g	–	25%	–
Fancy Crushed in Heavy Syrup	100-38900-11602-3	123g	90	0g	0g	0g	10mg	135mg	26g	1g	25g	1g	–	20%	2%
Pineapple Pizza Tidbits in Light Syrup	100-38900-77507-7	122g	70	0g	0g	0g	0mg	105mg	21g	1g	20g	<1g	–	30%	0%
Choice Slices in Heavy Syrup 66	100-38900-00235-7	117g	90	0g	0g	0g	0mg	85mg	25g	1g	23g	0g	–	25%	0%
Thin Slices in Light Syrup 90	100-38900-00270-8	117g	70	0g	0g	0g	0mg	90mg	20g	1g	19g	0g	–	25%	0%
Slices in Heavy Syrup 100/110	100-38900-00280-7	117g	80	0g	0g	0g	0mg	85mg	25g	1g	23g	0g	–	25%	0%
Fancy Chunks in Heavy Syrup	100-38900-00465-8	123g	90	0g	0g	0g	0mg	95mg	26g	1g	25g	0g	–	25%	0%
Choice Tidbits in Light Syrup	100-38900-00592-1	123g	70	0g	0g	0g	0mg	105mg	22g	1g	20g	<1g	–	30%	0%
Fancy Tidbits in Heavy Syrup	100-38900-00535-8	123g	90	0g	0g	0g	0mg	100mg	26g	1g	25g	<1g	–	30%	0%
Choice Cubes in Light Syrup	100-38900-00395-8	123g	70	0g	0g	0g	0mg	105mg	21g	1g	20g	<1g	–	30%	0%
INGREDIENTS: Pineapple, Water, Sugar, and Citric Acid.															
Fancy Cubes in Extra Heavy Syrup (32° B)	100-38900-00435-1	123g	150	0g	0g	0g	0mg	100mg	41g	1g	39g	0g	–	30%	0%
Fancy Coarse Cut Crushed in Extra Heavy Syrup (32° B)	100-38900-00625-6	123g	90	0g	0g	0g	10mg	135mg	40g	1g	39g	1g	–	20%	2%
INGREDIENTS: Pineapple, Sugar, Water, and Citric Acid.															
DOLE TROPICAL FRUIT SALAD															
In Light Syrup and Passion Fruit Juice	100-38900-09082-8	123g	90	0g	0g	0g	0mg	210mg	22g	2g	20g	<1g	10%	60%	0%
INGREDIENTS: Papaya (Red and Yellow), Water, Pineapple, Guava, Sugar, Passion Fruit Juice from Concentrate (Water, Passion Fruit Juice Concentrate), and Citric Acid															
In Fruit Juices	100-38900-09060-6	122g	70	0g	0g	0g	0mg	220mg	24g	2g	15g	<1g	8%	60%	0%
INGREDIENTS: Pineapple, Papaya (Red and Yellow), Pineapple Juice, Guava, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), and Citric Acid.															
DOLE MANDARIN ORANGES															
Segments In Light Syrup	100-38900-14215-2	123g	80	0g	0g	0g	0mg	115mg	21g	1g	20g	<1g	6%	10%	0%
Segments In Light Syrup	100-38900-04218-6	122g	80	0g	0g	0g	0mg	115mg	21g	1g	20g	<1g	6%	10%	0%
INGREDIENTS: Mandarin Oranges, Water, Sugar, and Citric Acid.															
DOLE POUCH PACK PRODUCTS															
Tropical Gold® Pineapple Premium Cut In Extra Light Syrup	100-38900-01441-1	122g	80	0g	0g	0g	0mg	140mg	19g	1g	15g	0g	0%	50%	0%
INGREDIENTS: Pineapple, Water, Sugar, Citric Acid, and Ascorbic Acid (to Promote Color Retention).															
Pineapple Tidbits In Light Syrup	100-38900-00567-9	123g	90	0g	0g	0g	0mg	125mg	21g	2g	20g	<1g	0%	50%	0%
INGREDIENTS: Pineapple Tidbits, Water, Sugar, Citric Acid, and Ascorbic Acid (To Promote Color Retention).															
Tropical Fruit Salad In Fruit Juices	100-38900-09097-2	122g	70	0g	0g	0g	0mg	230mg	17g	2g	15g	<1g	15%	50%	2%
INGREDIENTS: Pineapple, Papaya, Pineapple Juice, Guava, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Ascorbic Acid (To Promote Color Retention), and Citric Acid.															

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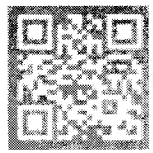
Specifications

Pack Size	Total oz.	Drained Wt. (Fruit)	Case Dimensions Length x Width x Height	Case Weight (lbs.)	Case Cube (ft.)	Cases Per Pallet
12/8oz.	8	4.9oz.	13.750 x 10.375 x 2.125"	8	0.175	280
12/8oz.	8	4.9oz.	13.750 x 10.375 x 2.125"	8	0.175	280
12/20oz.	20	10 slices	13.750 x 10.250 x4.625"	18	0.377	126
12/20oz.	20	12oz.	13.750 x 10.250 x4.625"	18	0.377	126
12/20oz.	20	12oz.	13.750 x 10.250 x4.625"	18	0.377	126
12/8oz.	8	5oz.	13.750 x 10.375 x 2.125"	8	0.175	280
12/20oz.	20	12.6oz.	13.750 x 10.250 x 4.625"	18	0.377	126
6/#10	107	66 slices	18.500 x 12.500 x 7.000"	46	0.937	48
6/#10	106	4lb. 2oz.	18.500 x 12.500 x 7.000"	46	0.937	48
6/#10	106	4lb. 4oz.	18.500 x 12.500 x 7.000"	46	0.937	48
6/#10	107	5lb. 8oz.	18.500 x 12.500 x 7.000"	46	0.937	48
6/#10	107	5lb. 8oz.	18.500 x 12.500 x 7.000"	46	0.937	48
50 lb.	–	–	13.000 x 19.000 x 7.000"	54	1.000	42
50 lb.	–	–	13.000 x 19.000 x 7.000"	54	1.000	42
12/20oz.	20	10 slices	13.750 x 10.250 x 4.625"	18	0.377	126
12/20oz.	20	12oz.	13.750 x 10.250 x 4.625"	18	0.377	126
12/20oz.	20	12.6oz.	13.750 x 10.250 x 4.625"	18	0.377	126
12/29oz.	29	1lb. 3oz.	16.000 x 12.190 x 4.750"	26.5	0.536	80
6/#10	108	66 slices	18.500 x 12.500 x 7.000"	46	0.937	48
6/#10	107	90 slices	18.500 x 12.500 x 7.000"	46	0.937	48
6/#10	108	100 -110 slices	18.500 x 12.500 x 7.000"	47	0.937	48
6/#10	108	4lb. 2oz	18.500 x 12.500 x 7.000"	46	0.937	48
6/#10	106	4lb. 4oz.	18.500 x 12.500 x 7.000"	46	0.937	48
6/#10	108	4lb. 7oz	18.500 x 12.500 x 7.000"	48	0.937	48
6/#10	106	4lb. 2oz.	18.500 x 12.500 x 7.000"	46	0.937	48
6/#10	112	4lb. 2oz.	18.500 x 12.500 x 7.000"	48	0.937	48
6/#10	112	5lb. 12oz.	18.500 x 12.500 x 7.000"	48	0.937	48
6/#10	106	4lb. 1oz.	18.500 x 12.500 x 7.000"	46	0.940	48
6/#10	106	4lb. 1oz.	18.500 x 12.500 x 7.000"	46	0.940	48
12/15oz.	15	8.4oz.	11.575 x 8.738 x 4.118"	14	0.241	144
6/#10	106	3lb. 12oz.	18.500 x 12.500 x 7.000"	45	0.937	48
6/81oz.	81	6 cups	18.385 x 13.250 x 7.716"	34.0	1.088	35
6/81oz.	81	3lb. 9oz.	18.385 x 13.250 x 7.716"	34.0	1.088	35
6/81oz.	81	6 cups	18.385 x 13.250 x 7.716"	34.0	1.088	35

*Percent Daily Values are based on a 2,000 calorie diet.

To learn more about recipes, see a product video overview and product offers, visit **www.dolefoodservice.com or call 1-800-723-9868.**



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