

NUTRITION FACT SHEET



CHICKEN SALAD

PACK SIZE(S) CODE #

2 – 5 lb. 60105 12 – 12 oz. 60175

SHELF LIFE: 16 Weeks from date of manufacture

21 Days are guaranteed from date of delivery

Nutrition Facts

Serving Size: 1/3 Cup (85 g) Servings Per Container: Varied

Amount Per Serving				
Calories 190	Calories from Fat: 130			
	% Daily Value*			
Total Fat	14 g	22%		
Saturated Fat	2.5 g	13%		
Trans Fat	0 g			
Cholesterol	35 mg	12%		
Sodium	470 mg	20%		
Total Carb.	10 g	3%		
Dietary Fiber	1 g	4%		
Sugars	6 g			
Protein	7 g			
Vitamin A 2%	 Vitamin C 	2%		

Gaicium	2%	•	iron	29	′ o
*Percent Daily	Values	(DV) are	based on	a 2,000-cald	orie diet.
Your daily value	ues may	be higher	r or lower	depending of	n your

	Calories:	2,000	2,500
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydrate Dietary Fiber	Less than Less than Less than Less than	65 g 20 g 300 mg 2,400 mg 300 g 25 g	80 g 25 g 300mg 2,400mg 375 g 30 g

Calories per gram:

calorie needs:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: chicken (white), salad dressing (soybean oil, water, sugar, vinegar, egg yolk, food starch-modified, contains less than 2% salt, spices, paprika, natural flavors [soy], garlic powder), diced celery, salad seasoning (sugar, corn syrup solids, salt, citric acid, carrageenan, mustard, spice).

Contains: egg, soy