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Taylor Farms has a variety of healthy fresh foods to choose from.

Try our Iceberg Romaine 70/20 w/ Color today!

<b>Nutrition Facts</b>	
Serving Size 3 oz. (85g)	
Amount Per Serving	
<b>Calories 15</b>	<b>Calories from Fat 0</b>
<small>% Daily Value*</small>	
<b>Total Fat 0g</b>	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 10mg</b>	<b>0%</b>
<b>Total Carbohydrate 3g</b>	<b>1%</b>
Dietary Fiber 1g	4%
Sugars 2g	
<b>Protein 1g</b>	
<b>Vitamin A 50%</b>	<b>Vitamin C 8%</b>
<b>Calcium 2%</b>	<b>Iron 2%</b>
<small>*Percent Daily Values are based on a diet of 2,000 calories depending on your calorie needs:</small>	
	<small>Calories: 2,000    2,500</small>
<small>Total Fat</small>	<small>Less than 65g    80g</small>
<small>Saturated Fat</small>	<small>Less than 20g    25g</small>
<small>Cholesterol</small>	<small>Less than 300mg    300mg</small>
<small>Sodium</small>	<small>Less than 2,400mg    2,400mg</small>
<small>Total Carbohydrate</small>	<small>300g    375g</small>
<small>Dietary Fiber</small>	<small>25g    30g</small>
<small>Calories per gram:</small>	
	<small>Fat 9 • Carbohydrate 4 • Protein 4</small>

**INGREDIENTS**

Iceberg Lettuce, Romaine Lettuce, Red Cabbage, Carrot

**BLEND**

70% Iceberg Lettuce, 20% Romaine Lettuce, 5% Red Cabbage, 5% Carrot

**VITAMIN A - IU**

high vitamin A

**FOLATE**

good source of folate